Nuns Sharing Dhamma

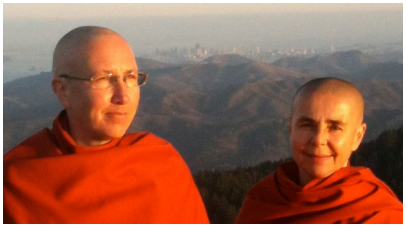
Every 3rd Sunday in Berkeley

5:30-6:45 pm | Tea & Conversation
7:00-9:00 pm | Meditation, Dhamma Reflection & Dialogue

2014 Dates | Jan 19, Feb 16*, Mar 16*, May 18, June 15, July 20, Aug 17, Sep 21, Oct 19, Nov 16, Dec 21 (*Guest Teacher Ayya Santussika)

Berkeley Buddhist Monastery | 2304 McKinley Ave | Berkeley CA 94703
www.berkeleymonastery.org

Ayya Santacitta and Ayya Anandabodhi have both been practicing meditation for over 25 years. After living as nuns in the Forest Tradition of Ajahn Chah for many years, they took higher ordination as bhikkhunis in 2011. They currently reside at Aloka Vihara in San Francisco, a training monastery for women. Their teaching style is practice oriented and draws from experience of community life as a means for cultivating the heart and opening the mind. For more information, visit **www.saranaloka.org**.



Guest teacher Ayya Santussika began monastic life in 2005 after training and practicing as an interfaith minister. She ordained as a bhikkhuni in 2012 and currently resides at Karuna Buddhist Vihara in Millbrae. She focuses on applying the Dhamma to our global challenges and our daily lives and is a board member of Buddhist Global Relief. For more information, visit **www.karunabv.org**.